



**Northampton
Prevention
Coalition**



Northampton Prevention Coalition Steering Committee Meeting

Agenda

January 8, 2018 3:00pm – 4:30pm

Northampton High School Board Room, Northampton, MA

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Topic	Time	Action to be Taken/Decision to be Made
Welcome	3:00-3:10	Icebreaker and introductions No Icebreaker today. Debriefed the Steering Committee on the current NPC budget situation.
Youth Updates and Plans	3:10-3:30	CADCA Depends on funding Story Corps? Possible Podcast/Video projects <ul style="list-style-type: none"> ● Meeting with Dave from NCTV, need enough material to have enough episodes (maybe 6) topics before we start ● When talking with professionals who work with adolescents, they always have interesting analogies or anecdotes that we want to share, our thought was to interview clinicians who else? ● Teenagers, parents talking about having those conversation with their kids, normalizing how awkward it can be, how you have to do it a bunch, embrace the idea that there is more than one “right way” to talk to their kid, and the flip side getting kids to say how those conversations were - grapple with ahead of time, what messages are we open to sharing, abstinence only, here are the limits etc. ● Segment the propensity to self-medicate when you are struggling especially as a teen, knowing other outlets ● We say talk early and talk often, how do you talk to a 4th grader or a 1st grader, early childhood educator talk about how to address in an appropriate way

		<ul style="list-style-type: none"> ● Pop-culture, what's the influence (not in a pop culture bashing way) how normalizing alcohol can lead to addiction issues, women's drinking rates based on pop culture ● "Hitting the jewel" ● Some figure, like John Brelsford, like MI techniques, if someone said x what would you say back ● Teachers? Class project to discuss, if you're a teacher it must be a drag to teach kids who are stoned, what gets in the way of teaching? ● What it looks feels like to walk downtown as a youth, clunking downtown and I'm walking downtown and I see this and it makes me wonder about this or that, as youth walks or navigates or drives ● Addressing self-medication really hearing this group of young people rattle off all the things they use for different maladies, prescribing themselves for anxiety and sleep focus etc, and then also provide what tools can really help you, and what are the statistics behind it ex. will help anxiety short term, but what it does for anxiety long term <p>NIDA Drug Facts Awareness Week 1/22-1/28</p> <p>Lil Peep's death and impact on teens re: opioid epidemic</p>
<p>Retreat Share out and feedback</p>	<p>3:30-3:45</p>	<p>Which programs were favored?</p> <ul style="list-style-type: none"> ● Overall, in agreement with what we do and what people favored <p>Which ones can be deleted</p> <p>What worked at retreat? What needs improvement?</p> <ul style="list-style-type: none"> ● Feedback: Length seems to work well, Bueno food very well received, something on the agenda that was not covered Well done, well organized, flip chart papers on the wall, difficult to take it all in, hard to assimilate all the information and decide where I wanted to make a comment ● Margaret Hurley- can feel like she is mid-conversation with someone else, a little hard to follow, very knowledgeable but maybe her usual audience is lawyers etc.

<p>Upcoming events</p>	<p>3:45-3:55</p>	<p>Screenagers at JFK/NHS happened on 1/4/18</p> <ul style="list-style-type: none"> ● Went well, great attendance (225), conversation went well afterward <p>Ruth Potee at NHS 1/19/18</p> <ul style="list-style-type: none"> ● 6:30 Adam Van Buskirk (DART officer from Northampton Police) will do something on dabbing <p>Brief student survey JFK TBD</p> <ul style="list-style-type: none"> ● JFK staff very into it this year, they are doing PBIS, want to collect data along with school climate and bullying etc. <p>Planning underway for JFK substance use prevention lessons in advisories TBD</p> <ul style="list-style-type: none"> ● Primer video, vaping information <p>Social norms posters distributed to NHS, JFK, Leeds, Bridge, Jackson, Ryan rd, NAP, Noho pediatric dentists: other locations??</p>
<p>Miscellaneous /Marijuana Education</p>	<p>3:55-4:30</p>	<p>Suggestions for outreach opportunities</p> <p>How NPC SC can educate City Council members on local control and regulations around marijuana sales.</p> <ul style="list-style-type: none"> ● 10 minutes to present and 5 minutes for Q&A ● 3% tax, we want to advocate for prevention/public safety, they aren't even asking for the maximum 3% right now ● Ananda spoke with Jodi Kasper and Meredith, re:driving under the influence and other concerns around retail marijuana and its use: <ul style="list-style-type: none"> ○ Jodi- her concern isn't on-site consumption so much as whether the public use will be enforced . If someone is using pot outside, she can write a ticket, but there is no agency that enforces, and officers can't actually ask for an ID. What kind of message are we sending to youth and the community if marijuana laws are not enforced? ○ One solution: Public marijuana use could be treated the same as an open container law, (which is an arrestable offense), however she doesn't see that as being a popular option. Amherst decided to NOT allow eating edibles or smoking marijuana in public, they felt that the local smoking laws weren't enough to prevent public consumption ○ Another option is that marijuana could be treated like cigarettes, and BOH could enforce, but Jodi doesn't think that BOH would really like to take this on. Merridith proposed adding additional signage to

remind public that smoking of marijuana and cigarettes is not okay (social norm the correct behavior). Perhaps the city could go smoke free? If not, BOH could only enforce the no-marijuana use where they can enforce the no-smoking cigarettes laws. Jodi proposes that BOH allow officers to enforce marijuana public use restrictions. Either way, confusing.

- Add lots of signage to remind people to not smoke pot or cigarettes in public areas. Signs would really help, but does that create mixed messaging to teens that it's not enforced or if people don't heed the signs? How does UMASS enforce their "smoke and marijuana free" campus- Lori Loisel- they don't!! It's a big problem.
- Polasky park- can't smoke in park, forever we have had an open container law, can arrest for drinking in public, restricted to downtown, do arrest for that, is there a way to get that on the same level as a city ordinance, edibles, NIC test throw a piece of the brownie in there (Josh Wallace)
- Smoking in cars regular, no acceptable level, but can't tell when it was used (Lev)
- Packaging vs. dosage, especially for consumables THC infused sports drinks, 32 ounce bottle of gatorade an ounce was, that was definitely addressed in the by-laws-- can have 20 servings or 100mg per container (Lev)
- Delayed use, overuse, didn't feel anything get in car
- Enforcement of driving under the influence, no dual service allowed

So what else to ask for?

- Zoning and limited the number of licenses (Heather)
 - Amherst- daycare, higher ed, recovery center, CVS for meds, not zoned at all in Northampton
 - One thing to be careful of- if pushing it out of downtown etc. don't want to push it into low income communities (Lev)
- Dialogue from the community, where they see it as beneficial and not a delay tactic, (Heather)

		<ul style="list-style-type: none"> ○ You can't enforce it on the street- really bothering <p>People go to planning board (meets on Thursday this week), haven't talked about it at all (Lori)</p> <p>Evidence: Pricing, Density and Advertising (visibility)</p> <p>How is alcohol zoned? 20 percent of the number of package stores in a city, what do they buffer</p> <p>Need to map it (Cherry)</p> <p>Standard permitting process, special permitting process, allows for someone to oversee where each one was opening, reviewed upon renewal</p>
Member Updates/Next Meeting	4:30	<ul style="list-style-type: none"> ● Member updates? ● Next meeting: <p>THURSDAY February 1, 2018 12:00-1:30PM NHS Boardroom</p>

The mission of the Northampton Prevention Coalition is: "to collaboratively initiate, coordinate, and sustain prevention and intervention efforts that reduce teen substance use in the City of Northampton."