
Curfew Contract for Teens

Name of Teen: _____

Date: _____

My agreed upon curfew time on weekdays:

My agreed upon curfew time on weekends:

Curfew rules and expectations:

1. I agree to let my parent(s) know where I will be when out.
2. I agree to provide a number or cell phone where I can be reached.
3. While I am out, I will answer a call or text from my parents immediately.
4. I will agree to abide by my curfew even while sleeping at a friend's house.
5. If caught sneaking out I am in violation of my curfew.
6. I agree to use good judgment while out with my friends.
7. I agree to call my parent(s) if I am in an unsafe situation while away from home.

If I violate this contract, then I will receive the following consequence(s):

If I follow this contract, then I will receive the following reward(s):

Teen Signature: _____

Date: _____

Parent Signature: _____

Date: _____

Terms of this agreement will be reviewed every _____ (days, weeks, months) and changes made accordingly.